

## RUB AL KHALI

*Arabia Sands, Empty Quarter, Rub Al Khali... So many mysterious names for the great desert of Arabia. Spend 5 days and 6 nights to experience this so special environment...*



**Level 3** Tours which can include full-day hikes (up to 800 elevation gain) and not too difficult aquatic hikes.

**Length** 8 Day

**Doable in** JANUARY - FEBRUARY - NOVEMBER - DECEMBER



2 Nights in accommodations (hotel, guesthouse, lodge, etc...)



6 Nights wild camping (with tents, thick mattress, mats, dishes, cooking gear), comfortable (but with no toilets) with the assistance of vehicles. Usually participants pitch their tent by themselves while we set up the collective camp

**Start** Salalah

**Ends** Salalah

GUESTS	PRICE PER PERSON	
2	1400 OMR	3664 USD
3	1000 OMR	2617 USD
4	800 OMR	2094 USD
5	700 OMR	1832 USD
6	600 OMR	1570 USD
7	580 OMR	1518 USD
8	550 OMR	1439 USD

**Itinerary** Salah - Rub Al Khali Desert



**Nota sobre la transportacion del equipaje** We have vehicules ; so luggages are always transported by car. You only have to carry day-pack while hiking.

**About Desert** We usually go for a hike of 3 to 5 hours in the morning. Heat and soft sand can make it a bit difficult. Late afternoon, we go for another walk around the camp from 1 to 2 hours. It is always possible for someone not to do the walk and stay at the camp or go for a shorter walk. On the other hand, the ones who want to walk more can go erlier in the afternoon and do a longer tour alone. In the desert, we'll have 2 different camp sites for respectively 3, 3 nights. On the camp, we set up a big tent (pictures below) to have shade at noon and to protect us in case of sandwind.



**DAY 1***- Lunch - Dinner*☞ *Salalah*✓ **Salalah Food Souq (1 hour )**

Salalah food souq is worth a visit : it is very lively! We find there wonderful fishes, meat, vegetable, fruits, dates, and traditional medicines...

🚌 Transfer to our campsite in Rub al Khali (4 hours 15 - 310 Km)

✓ **Short walk in the sands to sea the sunset (1 hour )**☞ *Rub Al Khali Desert*

We go have a walk across the high dune of the Rub Al Khali (Empty quarter in arabic), the huge and arid desert of Saudi Arabia that crosses Oman's border. We'll walk up a dune to see sunset in this unbelievable landascope...

- **Level 2\***

- **Walking time : 1 to 2 hours**

- **Height difference : +150m/-150m**

**Camping in the desert**

We set our camp at the foot of the huge dunes of the Rub Al Khali  
*Individual camping tent*



**DAY 2-3***Breakfast - Lunch - Dinner*✓ **Hiking in Rub al Khali (8 hours )**➤ *Rub Al Khali Desert*

Morning, we start walking from our camp. We climb several high dunes which surround us : the ascent is sometimes exhausting, but the descent is quick and fun and gives us sometimes the opportunity to have the dune sing. Around noon, we walk back to our our camp and have lunch and rest under a shady place. Late afternoon, we climb another huge dune to get to its summit and enjoy a wonderful sunset at the top.

- **Level 2 & 3\***

- **Walking time : 4 to 6 hours**

- **Height difference : +250m/-250m**

**Camping in the desert**

We set our camp at the foot of the huge dunes of the Rub Al Khali

*Individual camping tent*



**DAY 4***Breakfast - Lunch - Dinner*✓ **Hike in Rub al Khali (8 hours )**➤ *Rub Al Khali Desert*

We walk through the desert in the morning time : we walk sometimes on the sabkha (the vast flat area between the big dunes), sometimes on small dunes, and we ascent one or two high dunes. Around noon, we reach our new camp site, have lunch and take rest while it's hot. We then take time to set up our tents and late afternoon we climb one of the high dunes around us to see sunset.

- **Level 2 & 3\***
- **Walking time : 4 to 6 hours**
- **Height difference : +250m/-250m**

**Camping in the desert**

We set our camp at the foot of the huge dunes of the Rub Al Khali  
*Camping*



**DAY 5-6***Breakfast - Lunch - Dinner*✓ **Hiking in Rub al Khali (8 hours )**➤ *Rub Al Khali Desert*

Morning, we start walking from our camp. We climb several high dunes which surround us : the ascent is sometimes exhausting, but the descent is quick and fun and gives us sometimes the opportunity to have the dune sing. Around noon, we walk back to our our camp and have lunch and rest under a shady place. Late afternoon, we climb another huge dune to get to its summit and enjoy a wonderful sunset at the top.

- **Level 2 & 3\***- **Walking time : 4 to 6 hours**- **Height difference : +250m/-250m****Camping in the desert**

We set our camp at the foot of the huge dunes of the Rub Al Khali

*Camping*

**DAY 7***Breakfast - Lunch - Dinner*✓ **Morning walk in the dunes (2 hours )**🏜️ *Rub Al Khali Desert*

this morning, we climb one of the big dunes and enjoy a last view over this sea of sand...

- Level 2 & 3\*
- Walking time : 1 to 2 hours
- Height difference : +150m/-150m

🚌 Transfer to Salalah (3 hours 30 - 275 Km)

🏨 **Hotel at the beach**

We spend the night in this nice hotel. The hotel is located in Al Dhariz, facing the sea, and has a swimming pool.

*Standard Non Sea-view room  
breakfast at the accomodation*



**DAY 8***Breakfast - Lunch - Dinner*☞ *Salalah*✓ **Discover the fruits stalls of Salalah (1 hour )**

Salalah is a modern city but still having many agricultural fields in the middle of the city. On the streets there are numerous stalls selling the fruits produced here : coconuts, banana, papayas, sugar cane, etc...

☞ *Salalah*✓ **Visit of Job's Tomb (0 hour 30)**

We stop on the way to visit Job's tomb, located in the mountains north of Salalah.

☞ *Salalah*✓ **Visit of Al Baled Archeological Site (1 hour )**

This archeological site lies in the city of salalah, facing the sea. This city was previously known as Dhofar (which is now the name of the region). The area was inhabited since since 4000 years BC, but the remainings date from the 10th century AD. Its position made it an important port in the region. Next to the site is a museum with a hall about history and another about boats.

☞ *Salalah*✓ **Visit of Souq Al Husn (2 hours )**

Al Husn Souq is Salalah popular market. It is above all famous for the sale of frankincense, perfumes, and omani shawls. It is for the moment under renovation and therefore limited in size.

☞☞☞ **Hotel at the beach**

We spend the night in this nice hotel. The hotel is located in Al Dhariz, facing the sea, and has a swimming pool.

*Standard Non Sea-view room  
breakfast at the accomodation*



**① Difficulty level Hiking & Easy Walking**

<b>Level 1</b>	No difficulty. Easy and short walks. Appropriate for anyone walking occasionally
<b>Level 2</b>	Easy hikes with elevation gain of less than 300 meters with no big terrain difficulty
<b>Level 3</b>	Hikes with an elevation gain from 300 to 800 meters. Appropriate for those who are used to walk in the mountain. The hikes mentioned Level 3 with a lesser elevation gain present terrain difficulties
<b>Level 4</b>	Hikes with an elevation gain from 800 to 1100 meters. For fit mountain hikers
<b>Level 5</b>	Long hikes with an elevation gain of more than 1000 meters and may require scrambling or easy climbing in some parts of the trail